

Compassion 04

Transforming Suffering into Wisdom

“The one who has never loved does not
know anything about life.”

–*Samael Aun Weor, The Major Mysteries*





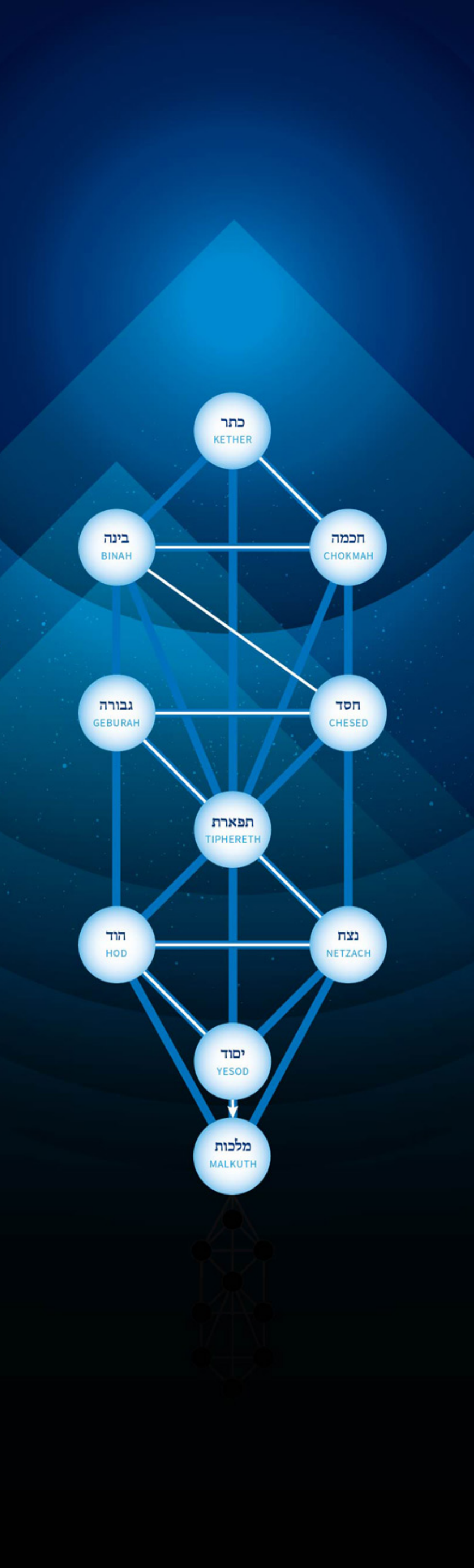
What is Suffering?

1. **Suffering of suffering:** pain, birth, illness, growing old, and dying
2. **Suffering of change:** the anxiety or stress of trying to hold on to things that are constantly changing
3. **Suffering of conditioned existence:** unsatisfactoriness, caused by mistaken perception of “self”

Why Do We Suffer?

1. Cause and Effect
2. The Existence of the "I"
(Latin: ego)





Selfless

COMPASSION / BODHICHITTA

3. Mountain of Ascension
2. Mountain of Resurrection
1. Mountain of Initiation



“A superior law overpowers an inferior law.”

LUST / PASSION

Self-centered



V I R T U E

“moral strength, high character, goodness; valor, bravery, courage; excellence, worth, chastity, sexual purity”

from *vir* “man,” root of *virile*; *virtue*; *virtuoso*; *virtuous*.

वीर्य

V I R Y A

“semen, vitality, virility, power, efficacy, courage, bravery, strength, valour, vigour, heroism, splendour, dignity, lustre, robustness, consequence, heroic deed”



V I C E

“sin, depravity, corruption, imperfection, sexual immorality, imperfection, abnormal behavior, debauchery, iniquitousness, licentiousness (lacking moral or sexual restraints)”

from Latin *vitium* "defect, offense, blemish, imperfection"



V I R T U E S

1. Generosity
2. Diligence
3. Chastity
4. Love
5. Humility
6. Happiness for Others
7. Temperance

V I C E S

1. Avarice
2. Laziness
3. Lust
4. Anger
5. Pride
6. Envy
7. Gluttony

“All the joy the world contains has come through wishing happiness for others. All the misery the world contains has come through wanting pleasure for oneself.”

—*Bodhisattvacharyavatara*



"I am **גברִיאל**, that stand in
the presence of God..."
—*Luke 1:19*

I M O O N

Virtue: Altruism, Generosity
Vice: Avarice

from Latin *avaritia* "greed, inordinate
desire," from *avarus* "greedy, grasping":
immoderate desire for knowledge,
glory, power, etc.

גברִיאל

"God is my strength."



*"I am רפאל, one of the
seven holy angels...."
—Tobit 12*

2

M E R C U R Y

Virtue: Diligence
Vice: Laziness

"averse to labor, action, or effort"

רפאל

"God heals."



*"...the angel that was sent
unto me, whose name was
אֱוֹרִיאֵל, gave me an
answer...."*

—2 Esdras 4

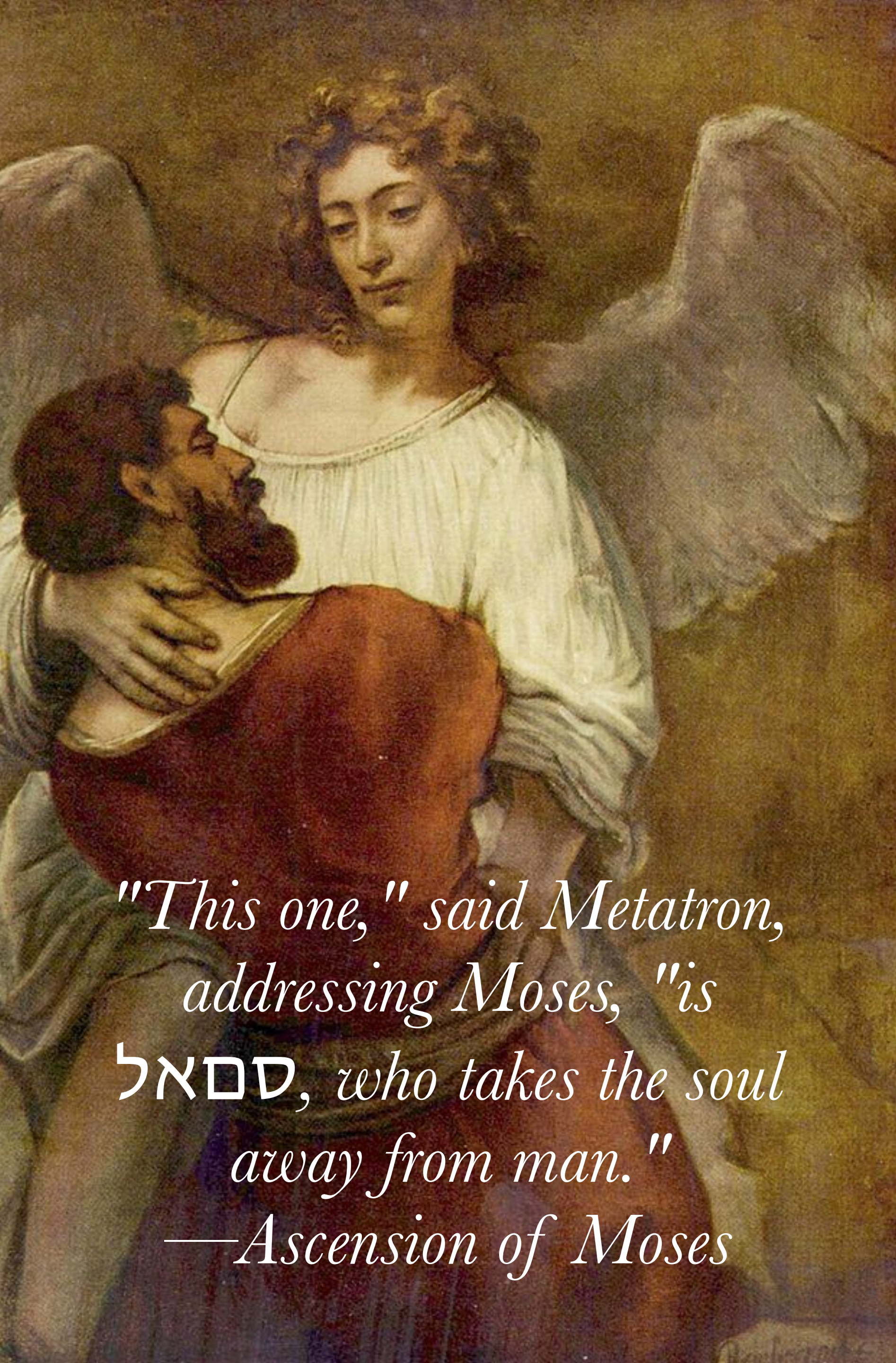
3 V E N U S

Virtue: Chastity
Vice: Lust

"sinful sexual desire,
degrading animal passion"

אֱוֹרִיאֵל

"God is my fire."



*"This one," said Metatron,
addressing Moses, "is
סמאל, who takes the soul
away from man."
—Ascension of Moses*

4
M A R S

Virtue: Love
Vice: Anger

"hostile attitude, ill will, surliness,
irritated, annoyed, provoked,
vexed, offended"

סמאל
"Perfume of God."



*"And there was war in
heaven, מיכאל and his
angels waging war with the
dragon." —Revelation 12:7*

5 S U N

Virtue: Faith, Humility
Vice: Pride

“elevated opinion of oneself; self-
esteem; assumption of superiority;
egotism; arrogance”

מיכאל
“Who is like God.”



6

J U P I T E R

Virtue: Happiness for Others
Vice: Envy

“rivalry, cast an evil eye upon,
jealousy”

זכריאל

“Remember God.”



7

S A T U R N

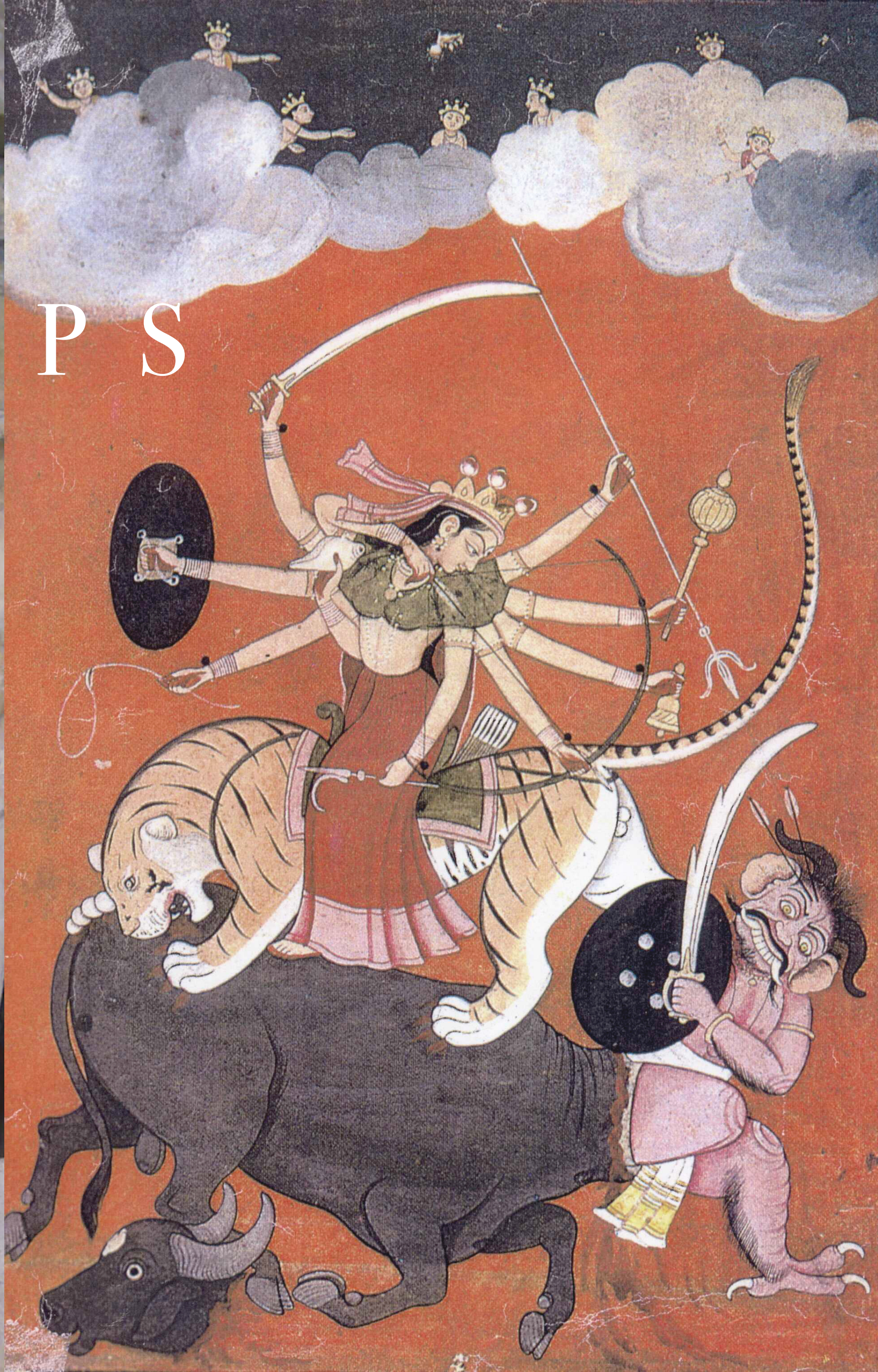
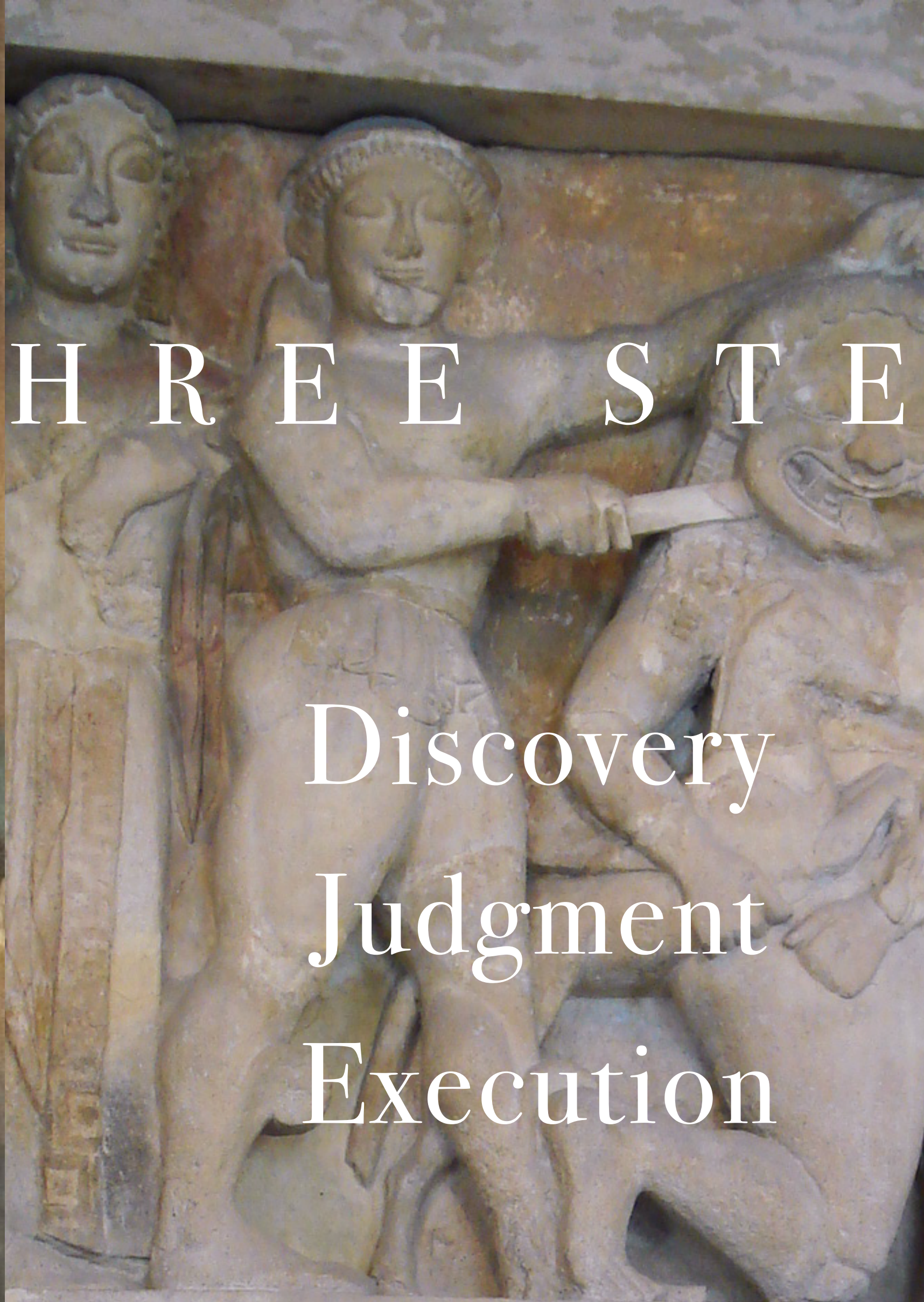
Virtue: Temperance

Vice: Gluttony

“excess, indulgence, carelessness,
intemperance, debauchery,
wildness, imprudence”

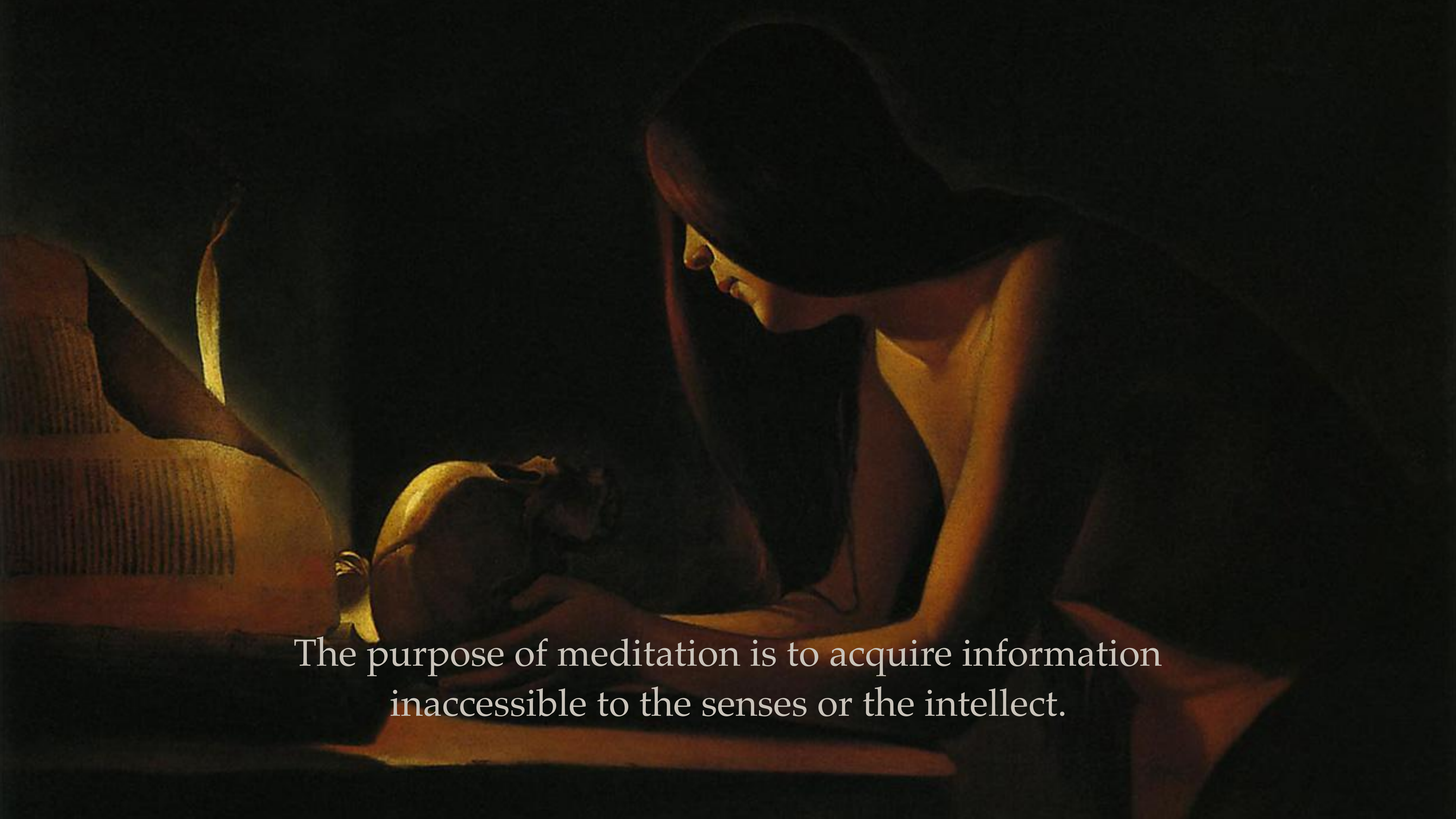
יופיאל

“Beauty of God.”



T H R E E S T E P S

Discovery
Judgment
Execution



The purpose of meditation is to acquire information
inaccessible to the senses or the intellect.